

## **Freeman Miller, Steven J. Bachrach (eds): Cerebral palsy. A complete guide for caregiving, Second edition**

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The first edition of this guide was published in 1995. This second edition provides the latest information on cerebral palsy (CP) for family members and health care professionals. This is a multi-author book. The contributors are pediatricians, orthopedic surgeons, psychologists, dieticians and nurse practitioners, all experts in the care of children and adults with CP in the states of Delaware, Washington D.C., Pennsylvania, and New Jersey. The book is well structured, easy to read, and gives answers to all questions related to the management of children and adults with CP. It is divided into three parts:

Part 1 includes the definition of CP and describes the different forms of CP and the associated medical and psychological problems. It includes descriptions of the health-care system and of financial, educational and legal systems available in the United States.

Part 2 covers all aspects of treatment and caregiving for all age groups. Therapeutic options are described, as well as physical and occupational therapy, with extensive discus-

sions on sitting, standing, car seats, wheelchairs, walkers, and orthopedic devices such as braces and shoes. Aspects of feeding, toilet training, respiration, and all related medical problems such as drooling, constipation, dental issues, visual and hearing impairment, and puberty are well described. We cannot imagine any question raised by parents of caregivers that remains unanswered in this book.

Part 3 is an encyclopedia including in alphabetic order all medical terms that might be used around patients with CP. This chapter has been completed by many helpful illustrations.

Finally, the book contains an extensive list of support groups in the United States for both children and parents.

Although this guide is not a medical textbook, it will be useful to all physicians, including child neurologists and orthopedic surgeons, involved in a CP clinic. Despite the fact that aspects of healthcare, financial and educational systems vary in different countries, caregiving techniques are valid all over the world and will make this book a helpful guide even outside the United States.

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